

nhs.uk/breastcancer70

**BE CLEAR
ON CANCER**

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ON CANCER**

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S36 29050

Date 07.05.15 15:09
Proof 2
Agency XXX 00 XX000

Client **Cancer**
Campaign **Breast Cancer**
Title **Symptom Card**
File **S36 29050 CAN BREAST 54x85 Sym Card**
Colour **CMYK**

Ins date **00/00**
Operator **GS** Page 1
Trim **54x85mm**
TA/SA -
Bleed **3mm**

S36

1 in 3 women who get breast cancer are over 70, so don't assume you're past it.

Possible signs of breast cancer include:

- A lump or thickening in your breast or armpit
- Changes to the skin of your breast
- Changes in the shape or size of your breast
- Nipple changes
- Nipple discharge
- Pain in your breast
- Any other unusual or persistent changes to your breasts

If you have any of the above symptoms, go and see your doctor straight away.